



Direct Your Future™

**Module 1:
Scanning the World of Possibilities**

Module 1



Objectives

At the end of this module, you will be able to:

- State three reasons why it is important to spend time and energy doing career exploration.
- List the influences on your career thinking to date.
- List the topics that will be covered in the remainder of the curriculum.

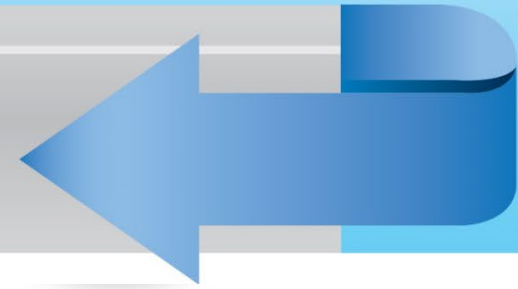
Module 1



Reasons Why Career Planning is Important

- A major portion of your life – at least 35-40 percent of your waking time – is spent at work.
- Good career planning improves the chances that you will be satisfied with your work. Satisfaction in work affects other parts of your life.
- The amount of money earned through work affects your lifestyle.
- Work is a way to express your interests, skills, and values.
- Work is a way to structure your time.

Module 1



Influences on Career Decisions

- **Parent(s)/guardians and other relatives.**
- **Counselors, teachers, and coaches.**
- **Friends.**
- **Television and/or the Internet.**
- **Experiences.**
- **School activities and coursework.**
- **Part-time jobs or volunteer work (community service).**

Module 1



Course Description

- **Module 1: Scanning the World of Possibilities**
- **Module 2: Mapping the Future**
- **Module 3: Determining Your Direction**
- **Module 4: Embarking on a Voyage of Self-Discovery**
- **Module 5: Exploring the Destinations**
- **Module 6: Finding Your Personal Compass Points**

Module 1



Course Description, cont'd

- **Module 7: Using Guideposts to Direct Your Journey**
- **Module 8: Refining the Destinations**
- **Module 9: Charting Your Course**
- **Module 10: Writing Your Personal Logbook**
- **Module 11: Planning for Getting a Job**

Module 1



Middle School Homework for Next Session

Activity 4: Decision Making in My Life

- Record five decisions you have recently made.
- Summarize the alternatives, information considered, and the results of each decision.
- Complete the worksheet for the next session.

Module 1



High School Homework for Next Session

Activity 3: The Good Old Days

Interview one of your grandparents, or someone over 60 years of age, and ask him or her about work during their early adulthood, including:

- Type of job.
- Number of hours worked per week.
- Dress code at work.
- Location of work.
- Approximate pay.
- Length of time working for the same employer.