

# **The History of Career Guidance**

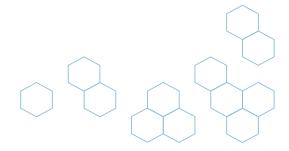
Featuring 85 Years of Kuder Assessments





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#### **OVERVIEW**

#### Do you know what you want to do in life?

That's the age-old question that puzzles individuals of all ages and is what lead influential leaders in the field of career readiness and development to found the Bureau of Vocational Guidance in 1908 and what industry leaders in 2023 continue to solve for today.

While a lot has changed since 1908, the key fundamentals have remained the same in the field of career development. Research-based assessments are one staple that has evolved over the years and remains an important aspect in guiding students to understand themselves and opening their mind to the options available to them.

As we celebrate 85 years of Kuder career assessments, we reflect on the important historical foundation that has led to today's college and career solutions. Looking back to the founding of the vocational gudiance sector in the early 1900s revealed that since the beginning, we've all been focused on the same goal; helping people see what they can be.



Pictured above is a 1951 article sharing how the Kuder Preference Record began impacting individuals seeking direction for their career path.

#### THE BEGINNING OF CAREER DEVELOPMENT

1908

#### **The Founding of Vocational Guidance**

The history of vocational guidance dates back to 1908 when the first formal vocational guidance bureau was created by Frank Parsons. The Vocation Bureau of Boston was created as a new department in the Civic Serivce House, which provided educational opportunities for immigrants and those in need to help them find work. The Bureau opened its doors on January 13, 1908, with the mission to "educate the under-priveleged and immigants on the importance of making good vocational choices so that they could improve their lives and create a better future for themselves, their families, and their communities, thus escaping the vicious circle of poverty" (Wilson, 2016).

#### **Frank Parsons**

(1854 - 1908)

Parsons is known as the "Father of Vocational Guidance" for his early work on establishing the importance of the connection between a persons' interests and talents to the profession they choose to pursue. Parsons advocated to fix the problems young people were facing in society by entering the workforce without a plan through structured vocational guidance in the school system.



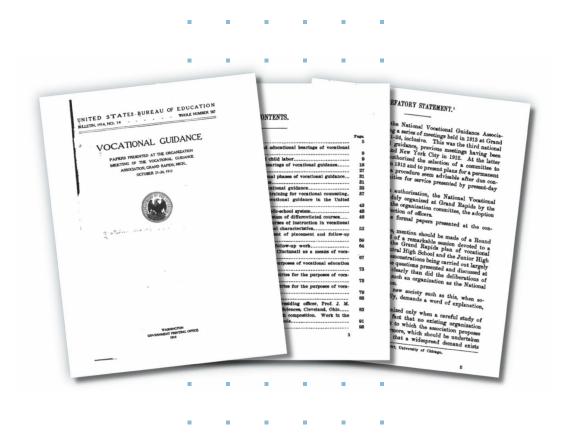
1910

#### The First National Conference on Vocational Guidance

Industry leaders gathered for a conference on vocational guidance to discuss topics such as making the transitions from school to work easier, warning against prescribing vocations, career exploration in a broad sense earlier to students, the necessity to provide opportunities to learn and earn at the same time, and more.

### The National Vocational Guidance Association (NVGA) Established

The NVGA was founded in 1913 to help shift the U.S. from an agrarian to an industrial society. The organization helped develop standards for the counseling profession within the scope of career development.



Pictured above is the United States Bureau of Education Bulletin from 1914 sharing the papers presented at the 1913 meeting of the NVGA.

1920s

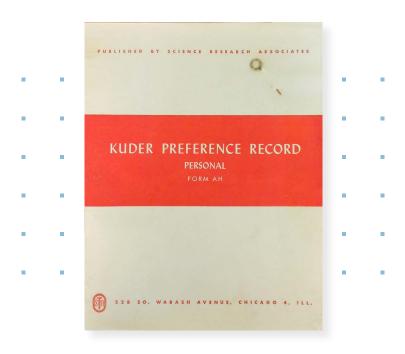
#### **The Shift to School Counseling**

Throughout the early and mid 1900s, the importance of providing career guidance to students became stronger. This lead to full-time school counselors for the first time and a more structured approach to helping students (Gysbers, 2010).



#### **Kuder Preference Record Introduced**

Dr. Frederic (Fritz) Kuder created the Kuder Preference Record as an occupational interest inventory to measure an individual's interest in ten occupational areas: Outdoor, Mechanical, Computational, Scientific, Persuasive, Artistic, Literary, Musical, Social Service, and Clerical. The assessment was created to help guide individuals to find a fulfilling career pathway.

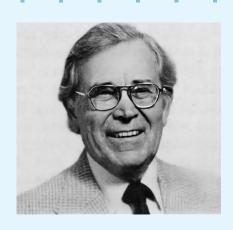


#### **Dr. Frederic (Fritz) Kuder**

(1904 - 2000)

Dr. Kuder was a counseling psychologist and psychometrician and well respected in the field of career development. He was a founding member and the second president of the Division of Counseling Psychology of the American Psychological Association; cofounder of *Personnel Psychology*, and founder and editor of *Educational and Psychological Measurement*.

Dr. Kuder is noted for his contribution to the field of interest inventories for vocational counseling and developed three types of interest inventories (Zytowski, 1988).



#### **American School Counselor Association (ASCA) Founded**

The ASCA formation outlined what a school counselor role should entail and provided standards for professionals to follow. ASCA also expanded the image and influence of school counselors through advocacy and leadership.





1958

#### **National Defense Education Act (NDEA) Enacted**

As a result of the Soviet Union launching a satellite, Sputnik, into space, the NDEA was enacted to expand training, funding, and hiring of school counselors to boost mathematics and science majors within the U.S. to compete with international advancements.

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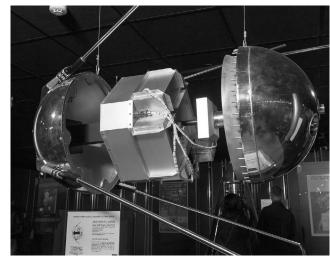
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#### **OUR STORY**

## by **Phil Harrington**

Watch this video to learn about the personal reason Phil Harrington founded Kuder, his story behind acquiring the Kuder assessments, and why Dr. Frederic Kuder is an integral part of career development history.



#### **Holland Theory of Vocational Choice Published**

An article written by John. L. Holland titled "A Theory of Vocational Choice" was first published in the Journal of Counseling Psychology in 1959. The article had an undeniable impact on the psychology of career counseling, introducing the theory that people resemble a combination of six personality types: **Realistic**, Investigative, Artistic, Social, Enterprising, and Conventional (RIASEC). The combination of three top traits can describe an individual and connect back with a work environment sharing the same characteristics (Nauta, 2010). This theory continues to be reviewed and used to this day to influence Kuder career assessments.



REALISTIC "DOERS"

INVESTIGATIVE

"THINKERS"

ARTISTIC "CREATORS"



SOCIAL

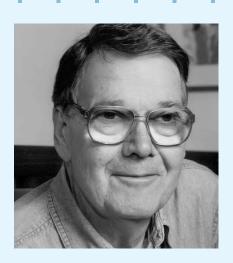


**ENTERPRISING** "PERSUADERS"



CONVENTIONAL "ORGANIZERS"





Dr. John Holland

(1919 - 2008)

The work of Dr. John Holland on his *Theory of* Vocational Choice is perhaps the most well-regarded in the career development industry for its reliability in aligning an individual's personal interests to relative occupational pathways. Holland's theory happens to be based in part on the work of Dr. Kuder, as Holland and his team had relied on Kuder's career cluster profiles to conduct some of their early classifications of what would eventually become the six Holland personality types. Holland's Theory is now fully integrated into Kuder's modern solutions to transform this hypothesis into proven results.

#### **Elementary and Secondary Education Act (ESEA) Signed**

Following the National Defense Education Act, the ESEA provided funding for schools and guidance for students. The act specifically focused on children in poverty to help reach their potential from a young age and help their postsecondary achievements. This act would eventually become the No Child Left Behind (NCLB) Act and then today as the Every Student Succeeds Act (ESSA).

1970

#### Super's Work Values Inventory (WVI) Established

One of the original career assessment tools was created by Donald J. Super as a research tool in the Career Pattern Study of the late 1940s. After extensive research and development, the inventory became available in the career development and guidance profession in 1970. Later, the WVI was revised to only include 12 assessed values using a five-point scale to rate the importance to each respondent. The results of Super's Work Values Inventory-revised can be used by individuals to understand what career field and type of job aligns with their values.

### **Dr. Donald E. Super** (1910 – 1994)

Dr. Super is most recognized for his contributions to the vocational guidance movement, and later to counseling psychology, which included career counseling and life planning. Dr. Super's career model and holistic approach to career planning across a person's entire lifespan continues to be represented today.



# **NVGA Renamed to be the National Career Development Assocation (NCDA)**

The National Vocational Guidance Association was renamed to be the National Career Development Association and continues to be the longest-running career development organization today.



1990

#### The Americans with Disabilities Act (ADA) Was Established

This revolutionary act paved the way for ensuring employment provisions prohibit the discrimination of individuals with disabilities throughout the job application, hiring, and employment process. The enactment of the ADA empowered individuals to think about career opportunities in a new way and fueled the need for further career guidance for all.



#### **National Career Assessment Services, Inc. Founded**

Founded by **Phil Harrington**, National Career Assessment Services, Inc. (NCASI), which eventually was renamed to Kuder in 2007, was established utilizing Dr. Kuder's career assessments to guide individuals seeking a meaningful career pathway.

**Dr. Donald Zytowski**, a leading counseling psychologist who studied the predictive validity of the *Kuder Occupational Interest Survey* is to thank for the connection between Dr. Frederic Kuder and Phil Harrington that led to the founding of the company and ongoing research and validation.

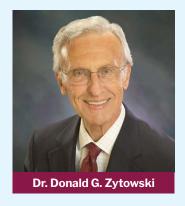


#### National Career Assessment Services, Inc.



Phil Harrington, directed extensive research among 100,000 key stakeholders, most significantly school counselors, throughout the United States to develop the first research-based, comprehensive career development system of its kind, the Kuder Career Planning System® (KCPS).

**Dr. Donald G. Zytowski**, conducted primary research centered on the Kuder Interest Inventories, contributing to the vast database of career biographies for the assessments, which suggest career pathways based upon an individual's interests.



#### **Online Career Assessments Available to Students**

Paving the way for online career assessments, NCASI (Kuder) makes the Kuder Interest Inventories available online for users around the nation for the first time.



#### **U.S. Military Renews Kuder Connection with DANTES**

Dr. Kuder worked extensively with the U.S. military back in the 1940s. Service men and women had to take the Kuder assessment before they could access their G.I. Bill funding. Following the establishment of NCASI (Kuder) in 1997, the Defense Activity for Non-Traditional Education Support (DANTES), renewed the connection to provide service members with a career guidance and exploration solution to bridge the gap for when they transition to the civilian workforce at the conclusion of their military services.



In the last three years alone, over 100K service members have actively engaged with Kuder to complete over 190K assessments.

2001

#### **Kuder Expands Assessment Portfolio**

The suite of Kuder assessments grows to include the **Kuder Skills Confidence Assessment®** and **Super's Work Values Inventory-revised** based on the recommendations from the research showing that these three constructs are critical to career choice. Together, the three assessments empower individuals to understand how which occupations align with their personal interests, skills, and values. Today, the assessments are offered to secondary students, grades 6-12, though Kuder Navigator®, and to postsecondary students and adults within Kuder Journey®.



Kuder Career Interests Assessment®



Kuder Skills Confidence Assessment®



Super's Work Values Inventory - Revised During the next few years, Kuder brought on more leading experts in the field of career development to ensure the integrity of the assessments remain true to guiding students for years to come.



#### JoAnn Harris-Bowlsbey, Ed.D.

(1933 - 2022)

Dr. Harris-Bowlsbey is referred to as the "Mother of Career Guidance." She received international praise for her decades of work in the field of career development. Dr. Harris-Bowlsbey is recognized as a pioneer in developing the Computerized Vocational Information System to guide individuals with education and career planning (Althoff, 2019).

#### Spencer Niles, Ed.D., LPC, NCC

Dr. Niles serves as Senior Vice President, Career Planning and Development for Kuder and has contributed greatly to the ongoing review and validation of the assessments and career guidance framework. His work in career development has been recognized through numerous awards by leading industry organizations such as NCDA, ACA, and more.





#### Hoi Suen, Ed.D.

Dr. Suen, a distinguished psychometrician, contributes to the regular review of the Kuder assessments to ensure they are kept up-to-date with our evolving society and ongoing research. He is a distinguished Professor Emeritus of Education (Educational Psychology) for Pennsylvania State University and is known for his expertise in educational and psychological assessments.

#### Carl D. Perkins Career and Technical Education Act

The U.S. government established a vested interest in the career development of students by providing grant funds to assist school districts and public two-year colleges in improving secondary and postsecondary-level career and technical education programs. The Perkins statute remains in place to this day.



## \$1.4 Billion+

DISTRIBUTED ANNUALLY

2008

#### The Introduction of Elementary Career Exploration

Building on the importance of early career awareness for students, Kuder introduced a product specific to elementary school students, Kuder Galaxy, with grade-level specific content. Dr. Julie Cerrito released a <a href="white paper">white paper</a> detailing the importance of early career exploration, sharing "There are various junctures that can be considered pivotal points for career development - elementary school is, without question, one of them." Galaxy engages students in exploring the world of work and available careers sorted by planets aligned to each of the six Holland types.



#### **ICCDPP Conference Hosted in United States**

In 2015, the International Centre for Career Development and Public Policy (ICCDPP) symposium was held in Des Moines, IA. The ICCDPP is known for their work promoting policy sharing and learning internationally for career development professionals. The conference theme was "Building the Talent Pipeline and Providing Youth with Hope for the Future," focusing on the challenges facing governments, employers, and communities to ensure young people have economically viable futures. The Biennial Symposium, hosted by Kuder, brought together career development leaders from 30 countries to engage in discussions regarding the role of career guidance in the education and employment sectors and its impact on economic development and support for youth workforce development initiatives.





2016

#### **Kuder Atlas Introduced as Global Career Guidance Tool**

To ensure individuals worldwide can access a comprehensive career readiness and development tool, Kuder introduced Atlas. Atlas provides the key tools for individuals to explore occupations, take three localized assessments, and more. Atlas can be translated into the desired language to offer greater accessibility to all.

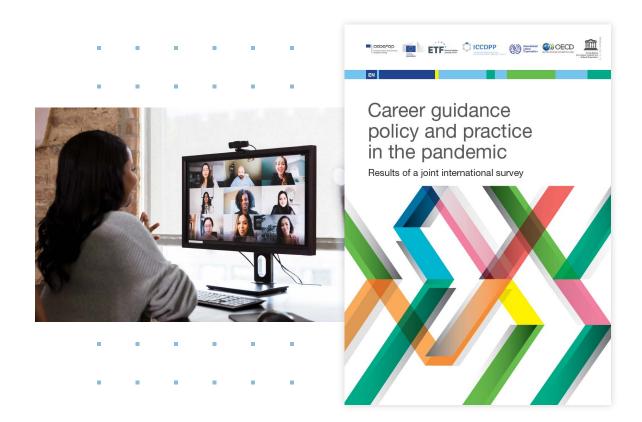


#### **COVID-19 Pandemic Impacts Career Development Field**

In 2020, the COVID-19 pandemic impacted millions of individuals across the globe as jobs were cut and people were forced to think about careers in a new light. The pandemic continues to create a newfound demand for career development for adults in the workforce, in addition to students receiving career guidance in school.

Seven international members of the **Inter-Agency Working Group on Work-Based Learning (IAG-WBL)** collaborated to publish a <u>survey and report</u> on the impact of the COVID-19 pandemic on policies, systems, and practice changes that occurred during the first phase of government reactions to the pandemic, the extent to which the pandemic and its social consequences triggered a debate on career guidance reform, and the role for career guidance in pandemic recovery measures.

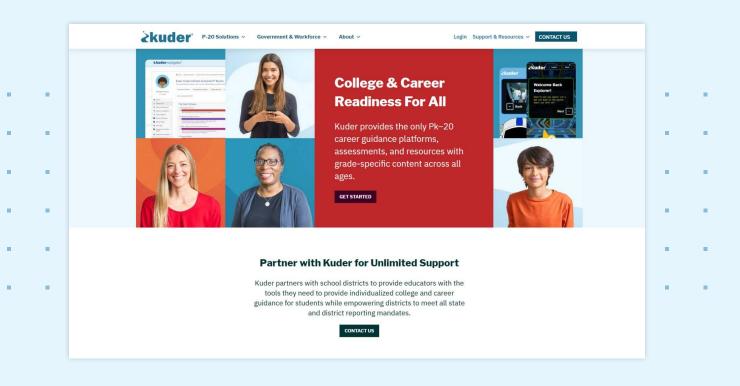
More significantly, Kuder developed Hope Central<sup>™</sup> to support the millions experiencing job loss and uncertainty regain personal and professional stability. As a result, Kuder partnered with the Louisiana Workforce Commission to deliver Hope Central as a dynamic career recovery and planning system for individuals across the state dealing with historic unemployment, devastating hurricanes, and other life challenges.



#### **Kuder Celebrates 85 Years of Career Assessments Impact**

Kuder continues to keep the Kuder assessments and career readiness tools within Galaxy, Navigator, and Journey updated to serve the needs of students, adults, family members, educators, counselors, administrators, businesses, and community leaders. The company remains committed to helping individuals see what they can be and impacting lives for the next 85 years to come.

# Over **165 Million**Individual Assessments and Counting.



#### **SOURCES**

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Kuder is backed by 85 years of assessment history and research and has over 25 years of experience providing career and workforce development systems for all ages for government and educational agencies including the U.S. military, departments of education, colleges, districts, and schools. Millions of people worldwide have relied on Kuder for high quality products backed by an unparalleled level of service.

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